Highest Health
chiropractic

## NEW PRACTICE MEMBER APPLICATION

Name_____ Date of Birth____ /____ /____ Age_____ Male/Female

Address_____City_____State_____ Zip_____

Social Security #: _____ Driver's License #: _____

Cell Phone #:_____ Home Phone #:_____

Email:_____

Occupation_____ Employer's Name_____

Name of Emergency Contact & Relationship: _____ Phone #:_____

What is the primary way you heard about us/who referred you?_____

What are all the ways you have heard about us or researched us? Please check all that apply.

- ☐ Highest Health Practice Member
- ☐ Non-Practice Member
- ☐ HHC Team Member (staff)
- ☐ Instagram
- ☐ Facebook
- ☐ Google
- ☐ HHC Website
- ☐ PX Website
- ☐ Other

Circle if applicable: Veteran / Reservist/National Guard / Active Duty / Clergy / First Responder

Martial Status: Single / Married / Divorced / Widowed

Spouse's Name_____ Spouse's Employer: _____

Number of Children_____ Names, Ages, & Gender_____

### List The Health Concerns That Brought You Into This Office

| **Health Concern(s): List according to severity.** | Rate of Severity 0 = no pain 10 = unbearable | When did this problem start? | Have you had the problem before? If so, when? | Did the problem begin with an injury? | Are symptoms constant (C) or intermittent (I)? |
|---|---|---|---|---|---|
| Primary: | | | | | |
| Second: | | | | | |
| Third: | | | | | |
| Fourth: | | | | | |

Have you ever seen other doctors for these conditions? □ Yes □ No

If Yes: □ Chiropractor □ Medical doctor □ Other_____

Who?_____ When?_____ Results?_____

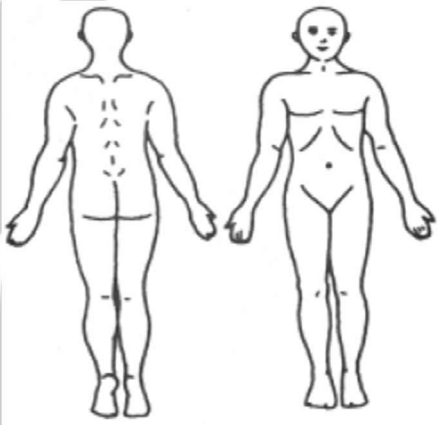
Please Mark "**P**" For In The **Past** OR Mark "**C**" For **Currently** Have:

| | | | | |
|---|---|---|---|---|
| ___ Headaches | ___ Ear Infections | ___ Sinus Issues | ___ Kidney Problems | ___ Sexual Dysfunction |
| ___ Migraines | ___ Hearing Loss | ___ Frequent Colds | ___ Bladder Problems | ___ Sleep Problems |
| ___ Jaw/TMJ Pain | ___ Ringing in the Ears | ___ Thyroid Issues | ___ Menstrual Problems | ___ Tight/Sore Muscles |
| ___ Neck Pain | ___ Dizziness | ___ Asthma | ___ Prostate Problems | ___ Sports Injury |
| ___ Shoulder Pain | ___ Loss of Energy | ___ Chest Pain | ___ Infertility | ___ Sciatica |
| ___ Arm Pain | ___ Nervousness | ___ Heart Problems | ___ Fibromyalgia | ___ Arthritis/Joint Pain |
| ___ Upper Back Pain | ___ Double/Blurry Vision | ___ Nausea | ___ Epilepsy/Convulsions | ___ GERD/Gastric Reflux |
| ___ Mid Back Pain | ___ Anxiety | ___ Ulcers | ___ Tremors | ___ Numb/Tingling in Arms/Hands |
| ___ Lower Back Pain | ___ ADD/ADHD | ___ Digestive Issues | ___ Disc Problems | ___ Numb/Tingling in Legs/Feet |
| ___ Hip/Leg Pain | ___ Loss of Balance | ___ Diarrhea | ___ Scoliosis | ___ Stomach Problems |
| ___ Knee Pain | ___ Depression | ___ Constipation | ___ Poor Posture | ___ High/Low Blood Pressure |
| ___ Foot Pain | ___ Allergies | ___ Bed Wetting | ___ Skin Problems | ___ Difficulty Breathing |

___Pregnant: Due Date?:_____ ___Stroke ___Cancer ___Heart Attack ___Spinal Surgery

___Spinal Bone Fracture ___Scoliosis ___Diabetes ___Arthritis ___Seizures Other:_____

**PLEASE MARK the areas on the Diagram with the following letters to describe your symptoms:**



**R** = Radiating **B** = Burning **D** = Dull **A** = Aching

**N** = Numbness **S** = Sharp/Stabbing **T** = Tingling

What relieves your symptoms?

_____

What makes your symptoms feel worse?

_____

When is the problem(s) at its worst? → AM PM Mid-Day Late PM

_____

Please identify any & ALL types of jobs you have had in the past that have imposed any physical stress on your body:

_____

List all surgical operations & years:

_____

List any other injuries to your spine, minor or major, that the doctor should know about:

_____

List all over the counter & prescription medications you are on, & the reason for each:

_____

Have you ever been in an auto accident?

List all:_____

Have you ever been knocked unconscious? □ Yes □ No Fractured A Bone? □ Yes □ No

If yes to either of the above, please describe:_____

_____

Other trauma:_____

Do you have any health conditions that elicit a medical emergency? Including EpiPen, pace maker, etc.

_____

## SOCIAL HISTORY

1. Smoking: How often? □ Daily □ Weekends □ Occasionally □ Never
2. Alcohol: How often? □ Daily □ Weekends □ Occasionally □ Never
3. Exercise: How often? □ Daily □ Weekends □ Occasionally □ Never
4. Recreational Drug Use: How often? □ Daily □ Weekends □ Occasionally □ Never
5. Have you consumed any caffeine or products with caffeine in the past 48 hours? □ Yes □ No

_____ _____-_____-_____
Practice Member or Authorized Person's Initials Date Completed

# QUADRUPLE VISUAL ANALOGUE SCALE

Please circle the number that best describes the question asked. If you have more than one complaint, please answer each question for each individual complaint and indicate the score of each complaint.

EXAMPLE: No pain _____ Worst possible pain
Back pain Headaches
0 1 2 3 (4) 5 6 (7) 8 9 10

**1. How would you rate your pain RIGHT NOW?**

_____
0 1 2 3 4 5 6 7 8 9 10

2. **What is your typical or AVERAGE pain?**

_____
0 1 2 3 4 5 6 7 8 9 10

3. **What is your pain level at its BEST? (How close to 0 does your pain get at its best?)**

_____
0 1 2 3 4 5 6 7 8 9 10

What percentage of your awake hours is your pain at its best? _____%

4. **What is your pain level at its WORST? (How close to 10 does your pain get at its worst?)**

_____
0 1 2 3 4 5 6 7 8 9 10

What percentage of your awake hours is your pain at its worst? _____%

_____ _____-_____-_____
Practice Member or Authorized Person's Initials Date Completed

## ACTIVITIES OF LIFE

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

| ACTIVITY: | EFFECT: | | | |
|---|---|---|---|---|
| Sit to Stand | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Climbing Stairs | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Driving | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Extended Computer Use | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Household Chores | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Lifting Children | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Dressing | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Shaving | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Sexual Activities | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Sleep | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Static Sitting | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Static Standing | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Walking | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Washing/Bathing | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Sweeping/Vacuuming | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Yard work | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Garbage | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |
| Concentration (Reading) | ☐ No Effect | ☐ Painful (can do) | ☐ Painful (limits) | ☐ Unable to Perform |

| Example: Climbing stairs | I can climb 2 flights before it hurts | I used to climb 10+ fights without pain |
|---|---|---|
| **LIST RESTRICTED ACTIVITY** | **CURRENT ACTIVITY LEVEL** | **USUAL ACTIVITY LEVEL** |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

_____ _____-_____-_____

Practice Member or Authorized Person's Initials — Date Completed

## FAMILY HEALTH HISTORY

This form is to assist the doctors by providing past health history information for their review.

| CONDITION | SPOUSE | SON | DAUGHTER | MOTHER | FATHER |
|---|---|---|---|---|---|
| Headaches | | | | | |
| Neck Pain | | | | | |
| Jaw/TMJ Pain | | | | | |
| Shoulder Pain | | | | | |
| Back Pain | | | | | |
| Hip/Leg Pain | | | | | |
| Arthritis/Joint Pain | | | | | |
| Ear Infections | | | | | |
| Hearing Loss | | | | | |
| Dizziness | | | | | |
| Loss Of Energy | | | | | |
| Nervousness | | | | | |
| Blurred/Double Vision | | | | | |
| Anxiety | | | | | |
| ADD/ADHD | | | | | |
| Depression | | | | | |
| Allergies | | | | | |
| Sinus Issues | | | | | |
| Thyroid Problems | | | | | |
| Asthma | | | | | |
| Breathing Problems | | | | | |
| Heart Problems | | | | | |
| High/Low Blood Pressure | | | | | |
| Stomach Problems | | | | | |
| Bed Wetting | | | | | |
| Infertility | | | | | |
| Sciatica | | | | | |
| Fibromyalgia | | | | | |
| Poor Posture | | | | | |
| Sleep Problems | | | | | |
| Stroke | | | | | |
| Cancer | | | | | |
| Heart Disease | | | | | |
| Diabetes | | | | | |
| Arthritis | | | | | |
| Alzheimer's | | | | | |

_____ _____-_____-_____

Practice Member or Authorized Person's Initials Date Completed

## NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA). I understand that this information can and will be used to:
1. Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physicians certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclose to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

Acknowledge & Initial Here: _____

## INFORMED CONSENT FOR CHIROPRACTIC CARE

Chiropractic care, like all forms of health care while offering considerable benefits may also provide some level of risk. This level of risk is most often very minimal, yet in rare cases, injury has been associated with chiropractic care. The types of complications that have been reported secondary to chiropractic care include: sprain/strain injuries, irritation of a disc condition, and rarely, fractures. One of the rarest complications associated with chiropractic care occurring at a rate between one instance per one million to one per two million cervical spine (neck) adjustments may be a vertebral injury that could lead to a stroke. Prior to receiving chiropractic care in the chiropractic office, a health history and physical examination will be completed. These procedures are performed to assess your specific conditions, your overall health and in particular your spinal health. These procedures will assist us in determining if chiropractic care is needed, or if any further examinations or studies are needed. In addition, they will help us determine if there is any reason to modify your care or provide you with a referral to another health care provider. All relevant finding will be reported to you along with a care plan prior to beginning care.

- I understand and accept that there are risks associated with chiropractic care and give consent to the examination that the doctor deems necessary and the chiropractic care, including spinal adjustments, as reported following my assessment.
- I authorize and request payment of insurance benefits directly to the doctors at Highest Health Chiropractic. I agree that this authorization will cover all services rendered until I revoke the authorization. I agree that a photocopy of this form may be used in place of the original. All professional services rendered are charged to the practice member. It is customary to pay for services when rendered unless other arrangements have been made in advance. I understand that I am financially responsible for charges not covered by this assignment. This pertains to any and ALL services rendered.

Acknowledge & Initial Here: _____

## NO CALL NO SHOW POLICY

In our office we reserve our time to serve you and your family. We understand that life happens, and appointments may need to be changed or canceled for emergent reasons. In this event we request that you give our office a call ASAP to change your scheduled appointment OR use your SKED appt. on your phone. We base our schedule and staffing needs on the anticipation of everybody making their appointments, making each scheduled appointment very important. Most importantly, it affects our committed practice members and others who rely on their scheduled time and who could have taken someone else's missed appointment spot. TWO "no call no shows" for regular adjustments are granted to a practice member in the event of an emergency, but there is no tolerance for chronic "no call no shows". Following the 3rd "no call no show" our billing department will automatically apply a $25 "no call no show" fee to the credit/debit card on file per family member at the end of the business day. For special appointment codes that require an evaluation room and a team member (Example: reevaluations, x-rays, Annual Health Reviews, etc.) our billing department will automatically apply a $25 "no call no show" fee to the credit/debit card on file per family member at the end of the business day for all missed special appointments. Ultimately, being consistent with your care will yield the best results for your health.

- I understand the above cancellation policy as well as the penalty fees that may be applied to my credit/debit card.

Acknowledge & Initial Here: _____

## HIGHEST HEALTH CHIROPRACTIC PHOTO RELEASE

I grant Highest Health Chiropractic and its employees the right to take photographs of me with connections to the promotion of chiropractic via websites, social media, and any other avenues. I agree that Highest Health Chiropractic may use such photographs of me for any lawful purpose, including such purpose as publicity, illustration, advertising, and web content.

Acknowledge & Initial Here: _____

*By signing below, I am acknowledging and consenting myself or my minor/child to the above initialed sections (Notice of Privacy Practices Acknowledgement, Informed Consent for Chiropractic Care, & Photo Release)*

_____ _____-_____-_____

Practice Member or Authorized Person's Signature Date Completed

## X-RAY AUTHORIZATION

As your healthcare provider, we are legally responsible for your chiropractic records. We must maintain a record of your x-rays in our files. At your request, we will provide you with a copy of your x-rays in our files. Digital x-rays on a CD will be available within 72 hours of request on any regular practice hours day. Upon request, your x-rays can also be available for an additional $5 cost. Please note: X-rays are utilized in this office to help locate and analyze vertebral subluxations. The doctor of Highest Health Chiropractic does not diagnose or treat medical conditions; however, if any abnormalities are found, we will bring it to your attention so that you can seek proper medical advice. By signing below you are agreeing to the above terms and conditions.

Print Name: _____ Date of Birth: _____

Signature: _____ Date: _____

**FEMALES ONLY ⬇:** To the best of my knowledge, I BELIEVE I AM NOT PREGNANT at the time the x-rays are taken at Highest Health Chiropractic.

□ The first day of my last menstrual cycle was on _____-_____-_____ (Date)

## IF THIS HEALTH PROFILE IS FOR A MINOR/CHILD, PLEASE FILL OUT AND SIGN BELOW WRITTEN CONSENT FOR A CHILD

Name of practice member who is a minor/child: _____

I authorize the doctors and any and all Highest Health Chiropractic staff to perform diagnostic procedures, radiographic evaluations, render chiropractic care and perform chiropractic adjustments to my minor/child. As of this date, I have the legal right to select and authorize health care services for my minor/child. If my authority to select and authorize care is revoked or altered, I will immediately notify Highest Health Chiropractic.

Guardian Signature: _____ Date: _____

Relationship To Minor/Child: _____

⬇ Doctor Use Only ⬇

I am acknowledging that I have reviewed and discussed the health history of this practice member.

Doctor Signature _____